

# HOW TO SURVIVE THE END OF THE WORLD

## 4. Live for Something Bigger | Discussion Notes

Read Matthew 7 v 24-27 and watch the summary video.

As Christians do you think we fall into the trap of building things 'into' our lives rather than focusing what we are building 'on'? What do we build 'in' that can make us think we're building 'on' Jesus?

- What are the things that you think society often build their lives upon? Why do you think these things let us down?
- What do you think it would look/feel like to have a foundation that is fully built on Jesus – 100% rock, no sand?
- Sam talked about 'the storms' in life being times of transition and trauma. Would you agree?
- Where have you seen transition times have an impact on you or a friend?
- Where have you seen trauma have an impact on you or a friend?
- Lastly we were told that we need to let the storm take its toll. This is a scary prospect for most of us. Why do you think this is the best thing for us to do?
- How can we support each other as hub when the storm takes its toll on our lives?
- What ratio of 'rock to sand' is your foundation? What is the sand that is in your foundations?

Spend some time digging into this on a more personal level. This is a vulnerable thing to share but hubs are the perfect place to do this. To make people feel safe, as the leader make sure you share first and make sure your fellow leaders are very supportive when you do.

Then leave space for the rest of the group to share if they'd like to. Depending on your group, this might look like going round the circle asking each person to share in turn, splitting down into smaller groups to share, or if you group know each other less well simply leaving space for anyone who wants to share to do so – this takes the pressure off anyone who doesn't feel ready to share yet.

Make sure this is then followed up by praying for one another.

**BIG IDEA:** In life we will experience trauma and transition. The only way to ensure we remain standing is by building our life on Jesus.