

HOW to pray

Part 2. God's Kingdom

Watch the [Summary Video](#) together with its explanation of Intercessory Prayer. Then read the Lord's Prayer together - Matthew 6.9-13

You might also want to open up the [MetroMentoring.org](#) Prayer course and check out the **Week 2** notes.

- Philip quoted a saying: The big tragedy is not unanswered prayer, but unoffered prayer. Is this true in your life? If so, what things stop you from praying more for God's Kingdom to come?
- Another quote: Discipline without Desire suffocates; Desire without Discipline dissipates. Can you identify with this? How has this worked out in your own experience?
- In prayer God has given us 'say so', we get to cast our vote for God's will. Philip used the analogy of influencing the giving of a supermarket chain by using their charity tokens. Is this a helpful picture, or not? How does it impact your view of prayer?
- Here are 7 'doors' to knock on in prayer - Relationships, Workplace, Family, Church, Community, City and World. Which of these do you pray about regularly? Which do you think you need to add into your devotional life?
- Think about the 4 'keys' - God's Kingdom is a Kingdom of Salvation, Healing, Peace and Justice. Do you think you would find it helpful to use these and the verses that go with them in prayer?
- What new thing are you going to try this week? How can you add discipline to your desire in prayer?

BIG IDEA: The perfect world comes when God's will is perfectly done. God has given us say so in this world and when we pray his will we bring heaven to earth.

Guide people to the **mentoring app**, if they're not already registered ([metromentoring.org](#)). Make sure people can find the Prayer Course on the Dashboard page. Offer it as a resource for people to use and refer back to.

Encourage people to share in groups of 2 or 3 what they plan to do with prayer over this next week. Set some goals but be realistic. It's better to start off small, rather than trying something too ambitious and getting disappointed. Pray for one another, for help and inspiration in praying God's Kingdom into everyday life.

You might want to agree as a Hub to all attend Metro Prayer together - Thursday 7.30am ([woodlandsmetro.church/metroprayer](#))