

| IT FOLLOWS

1. Destiny Follows

Start off with feedback from Sunday's message. What did those that were there - or those that have caught up online - take away from it? What encouraged them, what informed them and what challenged them?

Read Galatians 6.7-10

⁷Do not be deceived: God cannot be mocked. A man reaps what he sows. ⁸Whoever sows to please their flesh, from the flesh will reap destruction; whoever sows to please the Spirit, from the Spirit will reap eternal life.

- The Principle of Sowing and Reaping – we reap **what** we sow, **more than** we so and **later than** we sow. Which of these three things impacts you the most and why?
- “What we want for our lives in the future is connected to how we live our lives right now. But most people behave as if that weren’t true.” Do you agree?
- **Happiness.** Have you experienced examples of ‘happy now’ not leading to ‘happy later’ in your life or the lives of others? Why is it that our hearts can be so deceptive?
- Proverbs 27.12 *“The prudent see danger and take refuge, but the simple keep going and pay the penalty.”* Why do we tend to be short-sighted with our life decisions? What’s the secret to **seeing** danger up the road and taking action?
- Disconnect. “Many Christians believe in God, but put their **faith** in what everyone else is doing.” Can you identify with this and in what areas?
- Are there any things that you’re doing right now – actions, behaviours, habits – that you think might lead to destructive outcomes for you in the future? What are they and what could you do about them?
- In what ways can we help each other ‘sow to please the Spirit’ this year?

Big Idea: ‘What we want for our lives in the future is connected to how we live our lives right now. Destiny follows Decision.’

Pray together in 2s and 3s. Pray for God’s grace and the help of the Holy Spirit. Pray for the ability to see danger coming and take evasive action. Pray for confidence and faith in God’s goodness, so we can sow good seed that pleases the Spirit and leads us to life. Pray that this series would be beneficial and full of impact for us.