

LOVE IN A LOCKDOWN

Discussion Notes

LIFE, INTERRUPTED

Chloe focused on how we respond when life is interrupted. Obviously, all of our lives have been hugely affected, but are there any interruptions that have hit you particularly hard? An interruption to your daily routines, finances, future plans?

Read Luke 10:25-37 together.

Chloe said that "knowing doesn't always mean doing", we can know what we 'should' do in a situation when our lives are interrupted and a neighbour needs our help, but we don't always respond.

- In what ways can we be like the priest and the Levite who avoided the interruption and crossed the road (v. 31-32)?
- What creates this gap between our 'knowing' and our 'doing'?

One of the challenges of loving our neighbour in Lockdown is the balance between caring for others whilst also caring for ourselves.

- Have you felt this tension?
- How have you tried to find a balance between caring for others and looking after our own wellbeing?
- Chloe shared that lots of studies show that helping others is hugely beneficial for our own wellbeing. Is that surprising? What might this mean for how we love our neighbours in Lockdown?

Chloe also said that "interruption can equal opportunity to show God's love", just as for the Samaritan this gave him a chance to show love (v. 33-35)

- What are the opportunities for us to show God's love in this interruption?
- Chloe gave us some practical ideas: being loving in our response to others, being thankful to others, praying for people, sharing faith with people and giving money and food to organisations helping people. Can you think of any other ways we can love our neighbours that you might want to try as a Hub?