

METROSEXUAL

1. A Broken Revolution

What was your reaction to Elliot's story? Take some time as a Hub to reflect on how powerful it can be when we speak honestly and vulnerably about his experiences.

What are your preconceptions about how the church views sex? What do your friends think the church says about sex?

The Sexual Revolution

Philip explained that as a society we talk about freedom in our sex and our sexuality. This idea really took hold during the sexual revolution which:

- 1) Freed sex from **reproduction**.
- 2) Freed sex from **marriage**.
- 3) Freed sex from **relationship**. In a hook up culture, sex is just another recreational activity.
- 4) Freed sex from **other people**. With porn we've created a world where you can have a fantasy sexual experience all on your own.

Philip argues that as a society **we want sex with no strings attached**. Do you agree with this? What are the consequences that we see in our culture today?

A Biblical Vision for Sex

It's the strings that makes sex good. Is this a helpful way of expressing it?

Galatians 5.13-20 gives us a different vision for sex. Spend some time reading it together:

***22** But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, **23** gentleness and self-control. Against such things there is no law.*

Paul is writing to a culture whose views of sex were damaging and hurtful, especially to women. He says, '**You have been called to be free**' - it is part of your identity to be free. And this includes our sexuality! However, this looks very different to the freedom the sexual revolution promises.

The Christian vision for sex connects us with ourselves

The Biblical view of sex is holistic. It's not just a bodily function or appetite - it connects to the very deepest part of who we are as people. Your body is a temple - an amazing, sacred thing! Why is this important? How is it different to what society says about sex?

The Christian vision for sex connects us with others

"But do not use your freedom to indulge the flesh; rather, serve one another humbly in love" - Paul tells us that God's vision for sex is that we don't take advantage of other people, but instead love and serve them - no strings attached. How can we serve each other as a Hub? How can we serve our friends? How can we serve those outside the church?

The Christian vision for sex connects us with God's Spirit

Finally, Paul tells us that God's Spirit lives in us and is involved in our sexuality. The outcome of this is the Fruit of the Spirit (v. 22-23). Lives given over to God's spirit naturally produce this fruit. What would that look like in our lives? What would it look like for a relationship to demonstrate all those qualities?

Take some time to pray together in twos and threes. Break down into single sex groups, if that helps.

Pray for areas of sexual brokenness, confess areas of temptation, ask for God's grace.

Pray that we as a community would be able to model a better vision for sexuality. That we would be so full of the Holy Spirit and the fruit he brings, those outside the church would be compelled to know more.