

# G&ME PLAN

## Stronger with Scripture | Discussion Notes

This week we're focusing on Scripture, looking at how we can improve our practice of reading the Bible.

- What word would you use to describe your Bible reading habits?
- What impact does reading the Bible have on your faith and general life at the moment?

Read Psalm 1:1-3 together.

- Sam said that being rooted in the Bible can keep our faith **fruitful** and stop it from **withering** like the tree in the Psalm. Do you agree? Do you have examples from your own life when this has been true for you?
- Sam said that a key to growing stronger in scripture is to be **committed**, like the tree planted by water. What does commitment to the Bible look like in your life?

There were three areas that Sam suggested we might want to commit to: 1) Digger **Deeper** in our Bible reading, 2) going **Wider** in how much we're reading and 3) spending **Longer** with our Bible and listening to God.

Head into smaller groups and decide which of these you want to commit to and why. Then, share some practical steps you're going to take (or 'keys') to make these commitments stick.

To help give a few ideas, you might want to give a few of these suggestions:

- Get a Bible commentary to read alongside the Bible
- Watch a Bible Project video on YouTube
- Download the Logos app
- Get a reading plan from Bible.com or the YouVersion Bible app
- Commit to reading with friends
- Start a group chat to send encouragements from your Bible reading to friends
- Download the Lectio365 app
- Set your alarm for 20 minutes earlier
- Commit to not touching your phone until after you've read the Bible

We want to make sure we all of our conversations about spiritual disciplines are encouraging and not making people feel bad for what they are not doing. So, finish by encouraging your Hub and praying for each other.

You might also want to consider starting a Bible reading plan together as a Hub. We can recommend:

- [Philippians in 10 days](https://my.bible.com/reading-plans/17982-philippians-true-and-lasting-joy) (https://my.bible.com/reading-plans/17982-philippians-true-and-lasting-joy)
- [Mark in 16 Days](https://my.bible.com/reading-plans/13786-foundations-new-testament-mark/) (https://my.bible.com/reading-plans/13786-foundations-new-testament-mark/)
- [7 Psalms in 7 Days](https://my.bible.com/reading-plans/21751-praying-through-psalms-of-praise-with-hillsong/) (https://my.bible.com/reading-plans/21751-praying-through-psalms-of-praise-with-hillsong/)