

CRAZY, SEXY LOVE.

THIS IS THE WAY | Discussion Notes

This week we're starting a new series on love, sex and relationships. It can be a tricky topic to navigate, so we gave [some pointers here](#) or just chat to Sam or Kate.

Philip started off by asking whether you are a DIY Christian or a Disciple - DIY Christians have a loose understanding of faith but make their own decisions on how to live based on what they think is right or what they want to do. Disciples, on the other hand, follow the life and teachings of Jesus, believing that his way is best. Start with the 'DIY Christian or Disciple' activity, asking people to fill it in on their own and then coming back together to reflect on what the activity highlighted for them.

Read 1 Thessalonians 4:1-8.

- This is the first book of the New Testament that was written. Paul is writing to a church he had started and encouraging them to keep going in following Jesus. So, is it surprising to you that sex is highlighted so early in this first letter that Paul wrote?
- What comes to mind when you think of the word 'sanctified'?
- Philip said that Paul uses sex and sexuality as an example of what it means to be sanctified because it is such an obvious way in which we can be set apart from the culture around us. Do you agree? What do you think it means to live differently in this area?
- Paul talks about 'learning to control your own bodies' - what do you think our friends who don't go to church think of this way of thinking about sex?
- Philip spoke about the dangers of just being controlled by our desires and doing whatever we want. What do you think the dangers of doing this are for us individually, for our relationships and for our communities?

It's important that each time we meet we are making space for people to reflect and pray together - we don't want this to be just hitting people over the head with content but instead a chance to think about our own lives and pray together. You might feel it is most appropriate to do this in single sex groups.